In May, 2013, the American Psychiatric Association published the long-awaited 5th edition of its *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5). In our new, DSM-5 Update edition *(published February, 2014)* we carefully compared *Exploring Psychology, 9th Edition in Modules* against the new DSM-5 changes and updated over 100 pages accordingly in the categories of change noted in alphabetical order below. The page references below cover changes from within the text modules. Dozens more changes were made in the resources at the beginning and end of the text (including the Glossary, References section, and Subject Index) as a result of the module adjustments. This flyer is not intended to provide a complete list of changes in the DSM-5. Rather, this list represents only the DSM-5 changes that affected content in *Exploring Psychology, 9th Edition in Modules*.

### A Guide to DSM-5 Changes and Related Controversies

(pp. 109, 543, 545–546, 552, 560, 561)

The pages listed in this category contain explanations of the changes, and of the controversies related to those changes.

#### ADHD

(pp. 543, 546)

Criteria for attention-deficit/hyperactivity disorder have been loosened for adult diagnosis.

#### Anxiety Disorders, OCD, and PTSD

(pp. 546, 549, 569–575, 582, 597, 613–614, 618)

Obsessive-compulsive disorder and posttraumatic stress disorder are now classified separately from anxiety disorders. The criteria for posttraumatic stress disorder have been modified. Social phobia is now termed *social anxiety disorder*. The new *hoarding disorder* is classified as an obsessive-compulsive and related disorder.

#### Autism Spectrum Disorder

(pp. 139, 140–141, 151, 176, 328, 354, 546, 547, 593, C-4)

The categories of autistic disorder and Asperger’s disorder no longer exist. They have been incorporated into a single continuum of mild to severe *autism spectrum disorder*.

#### Definition of Psychological Disorder

(p. 542)

The definition of a disorder has changed, with greater emphasis on a dimensional approach to diagnosis—placing people on a continuum of severity—and the underlying biology of various disorders.

#### Depressive Disorders

(pp. 546, 550, 551, 552, 557, 604)

Depression diagnosis no longer includes a *bereavement exception*. Depressive disorders now include *disruptive mood dysregulation* for disruptive behavior diagnoses. *Nonsuicidal self-injury (NSSI)* has been added “for further study.” This *Exploring Psychology, 9th Edition in Modules DSM-5 Update* now includes coverage of *persistent depressive disorder (dysthymia)* and a *seasonal pattern* in major depressive disorder (and bipolar disorder). *(Exploring Psychology, 9th Edition in Modules* actually already included coverage of NSSI.)*

#### Eating Disorders
The DSM-5 now includes *binge-eating disorder* along with slightly modified criteria for anorexia nervosa and bulimia nervosa. (*Exploring Psychology, 9th Edition in Modules* actually already had the new category included.)

**Intellectual Disability**  
(pp. 362, 363, 364, 546, 548)  
Mental retardation has become *intellectual disability*. (*Exploring Psychology, 9th Edition in Modules* actually already used this new term.)

**Neurocognitive Disorders**  
(pp. 166, 171, 438, 615)  
The diagnosis of “dementia” has been replaced by diagnosis on a continuum of *major* or *minor neurocognitive disorder*.

**Paraphilias**  
(pp. 187–188, 201)  
*Paraphilias* are now classified as a disorder only if certain conditions are met.

**Personality Disorders**  
(p. 580)  
The separate categories of personality disorder had been slated for revision or deletion but actually stayed the same in the new DSM.

**Schizophrenia**  
(pp. 562–563, 564, 568)  
The schizophrenia subtypes have been replaced by “a dimensional approach to rating severity for the core symptoms of schizophrenia” (APA, 2013).

**Sexual Dysfunctions**  
(pp. 27, 90, 187, 590, 602)  
Sexual disorders have become *sexual dysfunctions* in the new DSM, and some of the labeling and the classifications and their criteria have changed.

**Specific Learning Disorder**  
(pp. 30, 332)  
Learning disorders are now identified as a group under the label of *specific learning disorder* (rather than separately as “dyslexia” and others).

**Substance-Related and Addictive Disorders**  
These disorders are now rated by severity, rather than by being separated into “abuse” and “dependence.” *Gambling disorder* is now in this category as a behavioral addiction. *Internet gaming disorder* has been introduced “for more study.” (Note that a number of the changes listed here consist of such simple updates as changing a mention of “alcohol dependence” to *alcohol use disorder.*)