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Benjamin Rush's Moral Treatments

Length: 2:25

Description: Although Benjamin Rush, widely considered the father of American Psychiatry, came to believe in and practice moral treatment in the early 1800s, many of his prior treatments reflected contemporary medical thought and would be judged quite harshly by today’s standards. A case in point was his famous “restraint chair,” presented in this video.

Source: Madness: Brainwaves, 1991 (BBC Worldwide Americas Inc.)
Early Hospital Treatments for Severe Mental Disorders

Length: 4:38

Description: The medical treatments used in mental hospitals during the first half of the twentieth century were crude, largely ineffective, and often unintentionally cruel. Some of the leading approaches are shown in this video, including the wet pack, insulin therapy, metrazol therapy, and the lobotomy.

Sources: Treatment in Mental Disorders, 1949 (James D. Page); Prefrontal Lobotomy in the Treatment of Mental Disorders, 1942 (Walter Freeman and James Watts). Courtesy: History of Medicine Division, National Library of Medicine.
Shameful Past Institutions for Persons with Developmental Disabilities

**Length:** 7:55

**Description:** This video depicts the Fernald School, an institution for “feeble-minded” boys existing in the 1920s, which was, in fact, part of the American eugenics movement. It also shows interviews with former residents who recall severe abuse and mistreatment and discusses the lasting impact of an incorrect diagnosis of “moron”. As you will see in the video, evidence has come to light that involuntary experiments were conducted on the boys in past decades.

**Source:** “Deep Dark Secret” 60 Minutes (CBS News)
Experimental Design in Action

*Length:* 3:15

*Description:* This video shows an experiment with human subjects whose findings suggest that the effectiveness of placebo drugs is partly a result of the patients' release of endorphins, their natural opioids. The implication is that, for some people, the expectation that a given treatment will soon be helpful causes them, without awareness, to release endorphins throughout their brain and body. In turn, the endorphins reduce their pain or help them to feel better in other ways.

*Source:* *The Keys to Paradise*, 1979 (BBC Worldwide Americas Inc)
Genetic Research: Violating One's Privacy?

Length: 7:00

Description: This video explores a nationwide genetic research project conducted in Iceland that attempts to identify genes that may predispose individuals for certain disorders. The researcher in charge was given the right to collect and analyze the private medical records of all Icelandic citizens. The video explores the ethical concerns and potential misuses of such information, while also considering the benefits that genetic research may provide.

Source: “Genes” 60 Minutes (CBS News)
A Tragic Consequence of Research Misconduct

**Length:** 4:00

**Description:** This video focuses on the case of a man with schizophrenia who died after participating in an experimental drug trial at an inpatient treatment facility. Given the man's background and mental illness, as shown in the video, consider as you watch whether he was able to make decisions relating to his own treatment. As you will see from the video, there are many questions about the ethics of research using severely mentally ill patients for experimental drug trials, and as you watch you might consider the implications of such practices for the patients and their families.

**Source:** “Ultimate Risk: Here to Help” 48 Hours (CBS News)
Separated at Birth: Nature versus Nurture

*Length:* 1:48

*Description:* This video shows two identical twins who were separated at birth, each unaware of the other’s existence until adulthood. The two exhibit very similar personalities, mannerisms, interests, hobbies, and physical appearance (though one is much heavier than the other). Also, both twins independently went into the same profession, firefighting. As you will see in the video, genes may play a significant role in people’s physical, emotional, social, and mental development.

*Source:* “In the Genes” 48 Hours (CBS News)
Bandura's Bobo Doll: Is Aggressive Behavior Learned?

**Length:** 5:00

**Description:** Does an individual’s observation of aggressive or violent models of behavior lead, in turn, to aggressive or violent behavior by the individual? Yes, according to this famous study by Albert Bandura, which helped Bandura develop his behavioral theory of *modeling*. As you will see in the video, which is narrated by Bandura himself, children in his study attack a Bobo doll after observing an adult model do the same.

**Source:** Albert Bandura
City of Gheel: Community Mental Health in Action

Length: 7:15

Description: This video focuses on the community of Gheel, Belgium, in which over 650 psychiatric patients live with and are cared for by local families. The video shows the progress of the patients, and as you watch you will note that many patients require lower levels of medication as a result of participation in family-care. As you watch the video, consider how the family-care system impacts the rest of the community.

Source: “All in the Family” 60 Minutes (CBS News)
DSM-IV-TR Categories: Bias against Females?

**Length:** 5:24

**Description:** In 1994, after a long and heated debate among clinicians, the framers of DSM-IV decided that *Premenstrual Dysphoric Disorder* is a category in need of further study. Some clinicians believe that this pattern should become a formal diagnostic category, while others charge that sexism rather than clinical research is behind the movement to have the pattern declared a clinical disorder. This issue came to life during a spirited debate on the *Today* show in 1994 between leading clinicians Robert Spitzer and Paula Caplan. That debate is shown in this video.

**Source:** *Today* show, 7/12/93 (CBS News)
Assessing Psychopathy

Length: 3:55

Description: This video offers a clinical picture of psychopathy (sociopathy) and demonstrates a leading tool for assessing this antisocial pattern. The video focuses on the work of Robert Hare and shows the “Hare Psychopathy Checklist.” As you watch the video, you will see how well clinicians can predict criminal or violent behavior.

"Brain Fingerprinting": Detecting Hidden Thoughts

*Length*: 5:00

*Description*: This video examines the technique of brain fingerprinting, which determines whether or not information is stored in the brain by measuring electrical brain waves. Researchers believe that brain waves can reveal whether information is present even when an individual may want to keep it hidden. The video presents a case in which brain fingerprinting was used to determine whether or not an accused man had information about the details of a past crime.

*Source*: “Brain Fingerprinting” 60 Minutes (CBS News)
Worrying: Key to Generalized Anxiety

Length: 2:07

Description: In this video, two individuals describe in powerful terms the symptoms, origins, and effects of their multiple fears.

Source: Phobias...Overcoming the Fear, 1991 (Producer, Lalia Gilmore-Madriguera; Connecticut Public Television)
Overcoming a Fear of Flying

**Length:** 6:10

**Description:** This video case focuses on a woman with a phobic fear of airplane travel. As you watch the video, you will see various aspects of her phobia demonstrated, including the phobia’s origins, and you will observe a special exposure treatment program developed for this problem.

**Source:** Phobias...Overcoming the Fear, 1991 (Producer, Lalia Gilmore-Madriguera; Connecticut Public Television)
The Impact of Obsessions and Compulsions

*Length*: 7:15

*Description*: This video case focuses on the numerous and intense symptoms of a woman with obsessive-compulsive disorder. Her obsessive fears and compulsive behaviors are tied in particular to her young son and to her concerns for his safety from contamination. The video shows the woman carrying out extreme, ritualized behavior. She discusses the negative impact her compulsions have had on her life and her ability to parent her child.

*Source*: “Who’s Normal Anyway?” Obsessions (BBC Motion Gallery)
Fight-or-Flight: How Stress Affects Psychological and Bodily Functioning

Length: 4:20

Description: This video features the running of the bulls in Pamplona, Spain, which continues to be a popular event despite the fact that many people have been gored or even killed since its inception. In particular, the video focuses on one man who is running with the bulls. His physiological reactions – heart rate and cortisol levels – are monitored before, during, and after his participation. As you watch the video, consider what it reveals about the nature of the body’s fight-or-flight response to danger.

Source: “Born to Survive” Human Instinct (BBC Motion Gallery)
One Man's Return from Combat

Length: 3:55

Description: This video case features a Vietnam veteran who suffers from posttraumatic stress disorder, which affects his family, personal, and professional life. As you watch the video, you will see footage that conveys the intensity and anxiety-arousing nature of his combat experience. You will also see specific symptoms of the disorder and gain insight into how flashbacks and persistent watchfulness impede daily functioning. The video includes the work of the well-known trauma researcher Douglas Bremner.

Source: “In the Heat of the Moment” Brain Story (BBC Motion Gallery)
Caretaking: The Physical Toll

**Length:** 3:15

**Description:** This video examines the relationship between caretaking (specifically, caring for family members with dementia), stress, and health. The video focuses on a man who cares for his wife with Alzheimer’s disease. As you watch, you will see the emotional and physical toll that chronic stress takes on him and on other such individuals. The video also features a study by Janice Kiecolt Glaser and Ronald Glaser providing evidence that long-term stress can lower the human body’s immune response.

**Source:** “Mind Over Body” Horizon (BBC Motion Gallery)
Beyond Perfection:
Female Body Dysmorphic Disorder

Length: 4:35

Description: This video case focuses on a woman who suffers from body dysmorphic disorder. She perceives her normal facial skin as horribly disfigured. This distorted body image severely impairs her personal and professional life. The case also focuses on how her concerns have unfolded since her adolescence.

Source: “Seeking Perfection” Obsessions (BBC Motion Gallery)
Repressed Memories or False Memories?

**Length:**  4:45

**Description:** This video demonstrates an experiment into the nature of memory, and shows how “false memories” can be introduced into a normal person’s recollection. In the experiment shown in the video, subjects are shown and questioned about photographs from their childhood, including one photograph doctored to show an event (a hot air balloon ride) the subject never really experienced. After a week, half of the subjects actually believe that they can recall the experience of the hot air balloon ride. This video shows how subjective and often unreliable memory can be, and how easily it can be manipulated. The video features a research follow-up to the work of Elizabeth Loftus, and includes work by Maryanne Garry and Kimberley Wade.

**Source:** “False Memories” Tomorrow’s World (BBC Motion Gallery)
THREE FACES OF EVE: THE REAL PERSON

Length: 5:00

Description: Most people have read the book or seen the feature film *The Three Faces of Eve*, or at least heard about this famous case. However, few have actually observed the woman who suffered from this disorder. In this video — a filmed interview conducted by her therapist over a half century ago — you will see Eve’s three subpersonalities discussing their views and behaviors. It is worth noting that, as it turned out, this woman also experienced many other personalities beyond those on display in this interview or in the case study.

Source: “The Real Three Faces of Eve,” 1957 (Chris Sizemore and The Jerry Naylor Co. LLC)
Depression: A Pervasive Disorder

Length: 4:00

Description: In this video case Dr. Aaron Beck, who developed the cognitive theory and treatment for depression, interviews a woman with depression. During this part of the interview, the client reveals many symptoms of this disorder, and the impact of these symptoms on her life and functioning is revealed as well.

Source: Cognitive Therapy of Depression, 1977 (Dr. Aaron Beck, The Beck Institute for Cognitive Therapy and Research)
"Wire Mothers" and Attachment: Harlow's Monkeys

Length: 7:00

Description: In this classic 1960 footage, famous researcher Harry Harlow demonstrates how his work with rhesus monkeys sheds light on the development of attachment and "mother love". Harlow conducts experiments in which monkeys who have been raised with an artificial mother made out of wire, which provides milk, nevertheless turn to artificial mothers made of cloth in times of distress or in unfamiliar surroundings. Harlow exposes the monkeys to frightening artificial robot threats, and finds that there is an innate craving by the monkeys for soft tactile comforting touch – touch that cannot be provided by a "wire mother," even one that has been solely responsible for the nursing of the monkeys.

Source: Conquest: Mother Love (CBS News)
Seeking Happiness: To Each His Own

**Length:** 6:15

**Description:** This video focuses on the concept of happiness and the human perception of it. In the video, you will see how the definition of happiness has changed over the years, from religious devotion to suffering to the current American emphasis on "the pursuit of happiness." The video also profiles an elderly couple who find happiness in devoting their lives to caring for animals. As you watch the video, you will see examples of research into ways people can learn to accept the happiness in their own lives instead of yearning for a level of happiness that is unrealistic.

**Source:** "The Pursuit of Happiness" CBS Sunday Morning (CBS News)
Cognitive Therapy in Action

**Length:** 6:00

**Description:** In this video, Dr. Aaron Beck, originator of cognitive therapy, treats a depressed woman (played by an actress), the woman whom you observed in an earlier video case. Initially, Dr. Beck helps the client carefully examine her thinking and pinpoints those thoughts that are making her depressed. Later, Dr. Beck helps the client identify the precise thoughts, illogical thinking processes, and maladaptive attitudes that are causing her depression, and he actively challenges these thoughts and interpretations.

**Source:** *Cognitive Therapy of Depression*, 1977 (Dr. Aaron Beck, The Beck Institute for Cognitive Therapy and Research)
ECT: Effective and Frightening

Length: 1:40

Description: This video illustrates what ECT is like today. As you watch, you will see the use of medication to help persons sleep through the procedure, muscle relaxants to reduce thrashing, and oxygen, as well as the consequent reduction of the overt symptoms of the grand mal seizure.

Light Therapy: Treating Seasonal Affective Disorder

**Length:** 3:00

**Description:** Clinicians have become aware that many people suffer from Seasonal Affective Disorder (S.A.D.). They become clinically depressed each winter, apparently, due to the decrease in light that occurs during winter months and to the corresponding increase in their bodies’ secretions of the hormone *melatonin*. One helpful treatment for this kind of depression is *light therapy*, treatment that provides S.A.D. sufferers with extra doses of light — levels they would be receiving from the sun if they lived closer to the equator. This video demonstrates light therapy and its dramatic impact on some persons with S.A.D.

**Source:** “Desperate for Light”, 20-20, 12/30/88 (ABC News)
Inside the Suicidal Mind

**Length:** 5:48

**Description:** Eight months after a woman committed suicide, her family members discuss their view of the suicide, their attitudes toward the lost relative, their grief and sense of loss, and the suicide's effect on family dynamics.

**Source:** *Suicides*, 1987 (University of California Regents, Behavioral Sciences Media Laboratory, Neuropsychiatric Institute and Hospital, UCLA)
Case of the "3-Star" Chef: Fame Is No Protection

Length: 4:40

Description: This video case tells the story of a man, Chef Bernard Loiseau, who committed suicide when he failed to meet his own rigid standards of professional achievement. His obsessive fears and perfectionism were tied, in particular, to critical reviews of his restaurant. When he (incorrectly) believed that the restaurant was about to lose its 3-star rating, the highest rating in France, his self-esteem plummeted and he felt that he could not go on. In the video Loiseau’s wife talks about how she had interpreted his preoccupations, and how she is now affected by the suicide.

Source: “The People’s Chef” 60 Minutes (CBS News)
An Ethical Dilemma: Do People Have the Right to Take Their Own Lives?

*Length: 1:23*

*Description:* In this video, a terminally ill person asserts her right to take her own life if her pain becomes unbearable, and she decries efforts by the government to interfere with this personal decision. In addition, other interviewed people state their opinions — pro and con — about the issue of physician-assisted suicide.

*Source:* NBC News, 10/1/96
Imprisoned by an Eating Disorder

Length: 3:03

Description: This video focuses on a young woman with bulimia nervosa, including her binge behaviors and purge behaviors, origins of her disorder, cognitive and other features, and impact of the disorder.

Source: *The Waist Land: Eating Disorders in America*, 1985 (Coronet/MTI)
Anorexia Nervosa: Not for Women Only

**Length:** 3:20

**Description:** This video demonstrates the symptoms of a person with anorexia nervosa, including distorted cognitions, a need for control, perfectionism, and physical changes. The video also shows a comprehensive inpatient treatment program for persons with eating disorders, where multiple interventions are combined.

**Source:** “Slim Chance” 48 Hours (CBS News)
Weight Gain: A Surprise Factor

**Length:** 3:35

**Description:** This video highlights various factors that may affect eating and weight gain (or loss), from heightened activity to conditioning to genetics. Watching the video you will see, for example, an experiment at the Mayo Clinic that subjects participants to a “slob regime”, in which they spend two months overindulging in food and engaging in no exercise. The results reveal that some individuals gain much less weight than others even though they have similar metabolic rates. As you will see, beyond genetic factors, the researchers discover that the thinner individuals actively fidget, or move unconsciously, much more than the average person.

**Source:** “Fatbusters” Horizon (BBC Motion Gallery)
Craving for Cocaine

**Length:** 3:24

**Description:** In this video, a man describes his history of cocaine abuse and dependence, which ruined his personal life and professional career. Now, no longer addicted, he also describes his treatment, recovery, and successful climb back. As you watch, you should note that one feature of his recovery is *implicit* aversion therapy, in which he keeps recalling and picturing the life of ruin associated with drug abuse whenever he feels desires or cravings for a drug.

**Source:** *The Mind, Second Edition*, 1999 (Thirteen, WNET and Worth Publishers)
The Medical Use of Marijuana

**Length:** 3:00

**Description:** In this video, you will see the case of a woman who uses legalized marijuana to treat chronic pain after an accident has left her partially paralyzed. As you will see in the video, there is much debate concerning the use of marijuana for medical purposes. Some argue that marijuana is an addictive and dangerous substance and that if it is legalized for certain purposes, it will be easier to abuse, especially among young persons. As you watch, consider how you feel about the social and legal implications of regulation of the substance.

**Source:** “Legalizing Marijuana” Sunday Morning (CBS News)
Hallucinogens and the Brain

Length: 3:40

Description: In this video, a researcher does an experiment to determine how a low dose of the anesthetic ketamine produces hallucinations in a subject while it is affecting brain activity. As you watch the video, you will see that it is possible that the drug may weaken or modify communication between nerve cells in the brain, which results in hallucinations and mood enhancement. The video includes the work of researcher Franz Vollenweider.

Source: “The Final Mystery” Brain Story (BBS Motion Gallery)
Viagra: Pathway to Sexual Happiness?

**Length:** 6:05

**Description:** In this video, researchers conduct studies on treatments for erectile dysfunction. The video highlights five men who have been treated for erectile dysfunction with drug therapy, to varying degrees of success. Some doctors interviewed in the video raise concerns about the promotion and use of such drugs for sexual enhancement rather than for treating sexual dysfunction as originally intended.

**Source:** “It’s Just Sex” 48 Hours (CBS News)
Sex Offenders: Criminals or Patients?

Length: 1:46

Description: In the 1997 case of Kansas vs. Hendricks, the Supreme Court ruled that convicted sex offenders may be removed from prison prior to release and committed to a mental hospital if they are considered likely to again commit sexually violent acts. This video is a news piece on this complex legal issue, televised while the court was deliberating the case.

Source: NBC News, 12/10/96
“The Boy Who Was Turned Into a Girl”

**Length:** 6:30

**Description:** This video case looks at the question of whether sexual reassignment in a "normal child" is possible. It tells the tragic story of the Reimer family, a Canadian family who in the 1960s had twin boys. When Bruce Reimer was circumcised, a hospital mishap resulted in the destruction of most of his penis. His parents eventually sought the council of psychologist John Money, a sexual reassignment specialist, who believed through his previous work that gender is primarily learned. Money advised the family to give their son a sex change operation and rear him as a girl. As you will see, the results turned out to be disastrous and ultimately tragic.

**Source:** Horizon: Dr. Money and the Boy with No Penis and Horizon: The Boy Who Was Turned Into a Girl (BBC Motion Gallery)
Hallucinations: "The Voices Won't Leave me Alone"

Length: 3:10

Description: In this video, a woman with schizophrenia experiences, and describes in detail, hallucinations and their powerful impact upon her life.

Source: Madness: In Two Minds, 1991  (BBC Worldwide Americas, Inc)
A Clinical Picture of Schizophrenia

**Length:** 4:31

**Description:** This video case focuses on a young man with schizophrenia. First, the man, a former policeman, is interviewed in the hospital. Later, he is seen sitting down and talking to his father during a home visit. The man reveals delusions of persecution and grandiosity, disorganized thinking, loose associations (derailment), motor symptoms, and inappropriate affect.

POSTPARTUM PSYCHOSIS: WHY DID ANDREA YATES KILL HER FIVE CHILDREN?

Length: 7:03

Description: On the morning of June 20, 2001, Andrea Yates drowned her five small children in the bathtub. This powerful video examines this tragic case. It demonstrates her loving devotion to her children with moving home videos and photos, documents her past history of postpartum depression and postpartum psychosis, and looks at the failures of the medical and mental health fields and the decision made by Mrs. Yates and her husband to have a fifth child. As you watch, consider the important distinction between postpartum psychosis and postpartum depression (which is more common). Although Mrs. Yates suffered from each syndrome, it was postpartum psychosis that apparently triggered this tragedy.

Source: “Why Did She Do It?”, 60 Minutes, 12/09/01 (CBS News)
Antipsychotic Drugs: Before and After

Length: 2:10

Description: This video demonstrates the near-miraculous turnaround that occurs for some persons with schizophrenia when they take antipsychotic medication. The man in the video is seen as extremely confused and unable to verbalize effectively prior to taking a new drug. A month later, after the introduction of the drug, he is clear, coherent, and planning to return to work.

Source: The Brain: Madness, 1984 (Thirteen, WNET, New York Educational Broadcasting Corporation)
Treating MICAs: "Wild Man of West 96th Street"

**Length:**  5:18

**Description:** During the early 1990s, Larry Hogue, nicknamed the “Wild Man of West 96th Street” by his neighbors, was the best known *mentally ill chemical abuser (MICA)* in the United States. This video, filmed in 1992, focuses on Hogue and his struggles with both psychosis and substance abuse, his impact upon community residents, and the failures of the mental health system and the criminal justice system to address his severe problem.

**Source:** “Wild Man of West 96th Street”, 60 Minutes, 12/13/92 (CBS News)
OVERCOMING SCHIZOPHRENIA:  
JOHN NASH’S BEAUTIFUL MIND

Length: 4:50

Description: Perhaps the most celebrated case of schizophrenia in recent years is that of John Nash, the brilliant mathematician who struggled with this disorder for 35 years, and then was awarded the Nobel Prize for work he had done as a doctoral student back in 1951 at Princeton University. This video follows Nash’s ordeal and triumph, which inspired the award-winning 2001 movie A Beautiful Mind. Perhaps the most powerful part of this video is Nash’s interaction with his adult son, also a mathematician, who also suffers from schizophrenia.

Source: “John Nash’s Beautiful Mind,” 60 Minutes, 3/17/02 (CBS News)
Do Video Games Teach People to be Violent?

Length: 4:30

Description: This video looks at the controversial question of whether video games help produce violent and aggressive behavior in teens. It focuses on the highly publicized case of 18-year-old Devin Moore, who killed three police officers in an Alabama police station, reportedly having been influenced by the violent video game Grand Theft Auto. The video features discussion of the lawsuit against the makers of the video game, which alleged that the game conditioned Moore to react violently in real life. As you watch, consider the psychological theory that because the teenage brain is not fully developed, and impulse control is not yet developed in teens, a game like this can influence violent behavior if other risk factors are also present.

Source: “Grand Theft Auto” 60 Minutes (CBS News)
Antisocial Personality Disorder: A Treatable Pattern?

**Length:** 2:59

**Description:** This video focuses on people with psychopathy (sociopathy) who commit criminal behavior. One such individual discusses his behavior and the changes he has experienced. In addition, Robert Hare, an expert on this pattern, discusses the issue of whether psychopathy can be changed or treated, focusing on the ways in which most treatments available for prisoners do not address the symptoms and functioning of those prisoners with psychopathy.

**Source:** *The Mind, Second Edition*, 1999 (Thirteen,WNET and Worth Publishers)
Compulsive Gambling, the Brain, and Poor Impulse Control

*Length*: 5:20

*Description*: This video focuses on research at the University of Minnesota into the causes and treatment of compulsive gambling and other addictive behaviors, including the role of the brain’s pleasure center. The video also features a man who takes a new drug to help treat his gambling addiction, a drug that helps dampen the pleasure associated with his pathological behavior.

*Source*: “Seeking Perfection” Obsessions (BBC Motion Gallery)
CHILDHOOD ANXIETY: HOW DID THE 9/11/01 TERRORIST ATTACKS AFFECT CHILDREN?

Length: 2:20

Description: This video explores the lingering psychological impact of the 9/11/01 terrorist attacks upon children and relevant research findings. As you watch the video, you will note effects such as anxiety, insecurity, poor concentration, and nightmares, and a rise in the prevalence of psychological disorders among children living in New York City.

Source: NBC News, 5/22/02
ADHD: A Family Problem

**Length:** 6:10

**Description:** This video case shows how a young boy’s ADHD places a severe strain on his family. The child’s impulsive behavior repeatedly exposes him to danger, and he also refuses to obey instructions. A simple shopping trip becomes a nightmarish experience for his weary and, at times, frightened parents. He has been treated by mental health professionals, with little change. As you watch this video, consider the theory that oppositional behavior in ADHD children develops as a response to constantly being reprimanded for behavior they cannot control.

**Source:** “Living with ADHD” Horizon (BBC Motion Gallery)
Two Faces of Autism

*Length:* 4:20

*Description and special features:* This video focuses on two eleven-year-old boys who have autism. Their behavioral differences and similarities illustrate that autism is characterized by a spectrum of dysfunctioning. As you watch the video, you will see three common features of the disorder: decreased capacity for social engagements, communication deficits, and lack of imagination.

*Source:* “Does the MMR Jab Cause Autism?” Horizon (BBC Motion Gallery)
Pets and the Elderly: The Impact of Companionship

**Length:** 4:35

**Description:** This video shows the psychological and physical benefits of providing animal companions for elderly persons in a nursing facility. Similarly, interactions with children and a warm and stimulating environment positively influence the psychological and physical state of the nursing home residents shown in the video. As you watch, you will see that patients have a greater sense of purpose in life and that rates of illness and mortality at the facility go down significantly.

**Source:** “Garden of Eden” 48 Hours (CBS News)
Living Without Memory

*Length:* 5:00

*Description:* This video case profiles a man who has lost his short-term and long-term memory. The video reveals the difficulties and emotional pain of living without memory and also focuses on the experiences of family members who are caregivers. This case also showcases some alternative techniques for coping with and working around memory loss.

*Source:* *Living Without a Memory* (BBC Motion Gallery)
Suffering from Alzheimer's Disease

**Length:** 5:00

**Description:** This video explores current research on the symptoms and treatment of Alzheimer’s disease, focusing on a man with early-onset Alzheimer’s. The video demonstrates features of the disease that distinguish it from general aging, such as tangles and plaques in the brain. As you watch, consider environmental and psychological factors that may play roles in the development and progression of the disease.

**Source:** “A New Day” Sunday Morning (CBS News)
Jeffrey Dahmer: Not Guilty by Reason of Insanity?

**Length:** 5:28

**Description:** In 1992, the notorious serial murderer Jeffrey Dahmer was found guilty of murdering 15 young men, despite his claim that he should be found not guilty by reason of insanity. This video consists of direct footage from his trial in which the famous psychologist Judith Becker, a leading expert on sexual disorders, testifies that Dahmer was indeed suffering from “mental disease,” making it impossible for him to conform to the law. In her graphic testimony, Dr. Beck also describes some of Dahmer’s murders, his dismembering of the victim’s bodies, and his performance of sexual acts with the dead bodies (a paraphilia known as necrophilia).

**Source:** CNN, 2/4/92
Outpatient Commitment:
Forcing Persons into Mental Health Treatment

Length: 4:00

Description: This video focuses on the development of a legal procedure, known as “Kendra’s Law”, for forcing certain individuals with mental disorders into outpatient treatment. The effectiveness and implications of such outpatient treatment are the source of much debate. The video features interviews with individuals who have mental disorders and their families about the legal procedure and its effect on them.

Source: “A Right That Could Be Wrong” 60 Minutes (CBS News)
Forcing People into Mental Health Treatment

**Length:** 7:00

**Description:** This video presents a case in which a convicted murderer with paranoid schizophrenia faces execution. Lawyers and doctors are interviewed, arguing both sides of the question of whether he is mentally competent to be executed. If his symptoms are lessened through drug treatment, he will become eligible for execution, and as a result some doctors refuse to treat him. As you watch, consider the ethical and legal dilemmas that this situation poses for clinicians.

**Source:** “Doctor’s Dilemma” 60 Minutes (CBS News)