

PsychInquiry CD

Activity name:	Evaluating Alternative Therapies
Student's name:	

Instructions: Complete this worksheet and hand it in to your instructor.

Questions

1. What is the "placebo effect"?

2. Of the following alternative therapies, which has been shown to be effective in controlled studies?

- Therapeutic Touch
- Light-Exposure Therapy
- EMDR

3. Besides the placebo effect, name two other possible explanations for success in any of the alternative therapies.
