

PsychInquiry CD

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| Activity name: | Phobias |
| Student's name: | |

Instructions: Complete this worksheet and hand it in to your instructor.

Questions

1. What are the three perspectives the activity offers for explaining phobias? Name and define each one.

1)

2)

3)

2. Which of these three perspectives do you find most convincing as an explanation of phobias?
